Roleplay de-escalation techniques

# Challenging behaviour scenario

In your Certificate III Early Childhood Education class, Alex is leading a group activity for toddlers.

After several attempts to engage the children, they become restless and uncooperative.

You notice Alex start withdrawing from the activity, stepping back and avoiding eye contact with the children and their peers.

They then walk out of the room without any explanation.

As the trainer, you must gently bring Alex back into the activity, provide support to rebuild their confidence and maintain the group’s engagement.