session plan

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| **Unit Code and Title:** | CHCECE041 - Maintain a Safe and Healthy Environment for Children |
| **Session number:** | 1 |
| **Trainer’s name:** | Nadia Koskovic |
| **Date:** | October 2, 2024 |
| **Duration:** | 3 hours |
| **Location:** | Early Childhood Room |

# Learning Objective/s:

By the end of this session, learners will be able to:

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| Understand key health and safety policies in early childhood settings.  Identify potential hazards in children’s environments and implement strategies to mitigate risks.  Apply safe food handling practices and personal hygiene measures to promote a healthy environment. |

# Facilitation Method:

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| Interactive presentation on health and safety regulations and policies.  Group activities focused on hazard identification and risk management.  Practical demonstration of safe food handling and hygiene practices.  Role-playing scenarios to practice safety measures in a childcare setting. |

# Resources needed:

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| PowerPoint presentation on safety and health policies.  Hazard identification worksheets and checklists.  Video resources on safe food handling practices in childcare settings.  Role-play cards with safety and hygiene scenarios. |

# Learning Support

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| Provide visual aids and handouts summarizing key health and safety regulations.  Offer one-on-one support during group activities and role-plays for learners needing additional assistance. |

# Learning Environment

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| Simulated early childhood environment equipped with materials for role-plays (e.g., toys, food items, cleaning supplies).  Ensure a safe, open space conducive to hands-on learning and group activities. |

# Session Structure and Timings

Provide a breakdown of each topic you will cover in the session. Please add or delete rows as necessary

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| Time | Topic / Activity | Content / trainer instructions | Learning Activities / Formative Assessments | Resources |
| 0:00-0:15 | Introduction to Safety and Health Policies | Trainer introduces key health and safety policies in childcare settings, focusing on regulatory standards. | Q&A session to assess learners' understanding of safety policies. | PowerPoint presentation, safety and health handouts. |
| 0:15-0:45 | Hazard Identification and Risk Management | Trainer demonstrates how to identify potential hazards and implement risk management strategies in childcare environments. | Group activity: Learners identify hazards from a set of scenarios. | Hazard identification worksheets, hazard checklists. |
| 0:45-1:30 | Learner Practice - Hazard Identification | Learners practice identifying hazards and mitigating risks in a simulated childcare environment. | Formative assessment: Trainer gives feedback during the activity. | Simulated childcare setup, hazard checklists, feedback forms. |
| 1:30-1:45 | Break |  |  |  |
| 1:45-2:15 | Safe Food Handling and Hygiene Practices | Trainer demonstrates correct food handling, storage, and hygiene practices in a childcare setting. | Group discussion on safe food handling practices, including hygiene measures. | Video on food safety, hygiene handouts, cleaning supplies. |
| 2:15-2:45 | Role-Play: Maintaining a Healthy Environment | Learners participate in role-playing scenarios focused on implementing hygiene, safety, and food handling practices in childcare. | Formative assessment: Trainer provides feedback during role-play activities. | Role-play scenarios, toys, food items, hygiene equipment. |
| 2:45-3:00 | Reflective Discussion | Trainer leads a reflective discussion on how to apply safety and health strategies in childcare. | Group discussion on learners’ reflections and challenges encountered during the session. | Discussion notes, feedback forms. |