Presentation aids

# Learning task

You are leading a session for youth workers on crisis intervention techniques for young people experiencing acute anxiety or panic attacks.

Your task is to demonstrate how to safely approach people, use grounding techniques to help them regain control, and assess the immediate need for medical assistance.

Learners must also be able to document the incident accurately and communicate with other team members.

Ensure learners are prepared to handle these situations in unpredictable environments, such as public spaces or private residences.